

Sermon Study Guide – June 14th, 2020

Today's Focus: "The Sabbath in the Era of COVID"

1) Introductory thoughts to today's message...

- ◆ How did you feel about us not having worship services for a month and a half due to the Coronavirus?
- ◆ What does it mean to "keep the Sabbath" (3rd Commandment)? What does it mean to break it? Did you keep or break the 3rd commandment during the Coronavirus?

2) Today's Message: Matthew 11:28-12:9

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, that I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

^{12:1} At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry and began to pick some heads of grain and eat them. ² When the Pharisees saw this, they said to him, "Look! Your disciples are doing what is unlawful on the Sabbath." ³ He answered, "Haven't you read what David did when he and his companions were hungry? ⁴ He entered the house of God, and he and his companions ate the consecrated bread—which was not lawful for them to do, but only for the priests. ⁵ Or haven't you read in the Law that the priests on Sabbath duty in the temple desecrate the Sabbath and yet are innocent? ⁶ I tell you that something greater than the temple is here. ⁷ If you had known what these words mean, 'I desire mercy, not sacrifice,' you would not have condemned the innocent. ⁸ For the Son of Man is Lord of the Sabbath."

3) What does God want you to know today?

Throughout the sermon, consider...

How does today's sermon show you your sin? (i.e. What's the law?)

How does today's sermon show your Savior? (i.e. What's the gospel?)

Law:

Gospel:

Answer the following questions to help you follow the sermon...

1. What did the Third Commandment, “*remember the Sabbath day by keeping it holy*”, mean in the Old Testament?

2. Using our sermon text, what does the Third Commandment mean now, in this New Testament era, in terms of...
 - ⇒ *What we can/cannot do on the “Sabbath”?*

 - ⇒ *Where/when we can worship?*

 - ⇒ *The importance of church attendance?*

 - ⇒ *How we find the rest this commandment protects?*

3. How did the Coronavirus act like a “test” or “fire drill” for all these things?

4. Why do we still want to gather in church, even if it isn’t as “mandated” in the Bible as we might think?

4) Taking it Home:

Read these sections of the Bible to reinforce this week’s truths:

Monday: review Ex. 20:8-11;31:12-18

Thursday: Hebrews 4:1-13; 10:19-25

Tuesday: review Col. 2:13-17; 3:13-15

Friday: Matthew 11:1-17

Wednesday: Exodus 16

Saturday: read/review Matthew 11:28-12:9